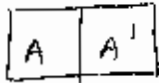


THEMAL + MECHANICAL INTERACTIONS:

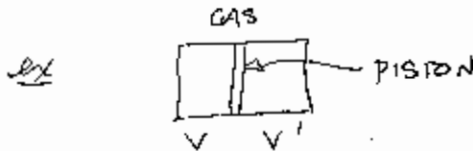


ISOLATED

- DEFINED BY E, X_α $\{ E', X_\alpha' \}$
 \downarrow
 $\alpha = 1 \dots n$

- BRING INTO CONTACT, ALLOW BOTH Q $\{$ ~~CHG~~ CHG IN X_α

- E', X_α' WILL DEP. ON E, X_α



$$E + E' = E^{(0)}$$

$$V + V' = V^{(0)}$$

$\{$ for now: this discussion doesn't need the Q-S shg. in either; still know where will end up + new eqn

} FIXED

WANT:

(I) HOW DOES $\ln \Omega_{TOTAL}(E, X_\alpha)$ CHG?

~~$\Omega_{TOT} = \Omega_{TOT}(E, X_\alpha)$~~ \uparrow (depends on E, X_α for sys. A)

(II) WHAT NEW EQUIL. CONDS? { COULD GUESS }

EXPECT $\Omega_{TOT}(E, X_\alpha)$ HAS SHARP PEAK AT $\tilde{E}, \tilde{X}_\alpha$

$$\Rightarrow \bar{E}, \bar{X}_\alpha = \tilde{E}, \tilde{X}_\alpha$$

**
 ex: $V=0 \rightarrow$
 no states;
 grows rapidly
 as V^N
 **

PLOT: CP. X_α FIXED, NOT INSULATED $\Rightarrow Q$

skip \rightarrow not obvious (E \neq CONST) some cross restricted curve

$\{ X_\alpha$ FREE, INSULATED $\Rightarrow W \}$

X_α FREE, NOT INSULATED $\Rightarrow Q \{ W$

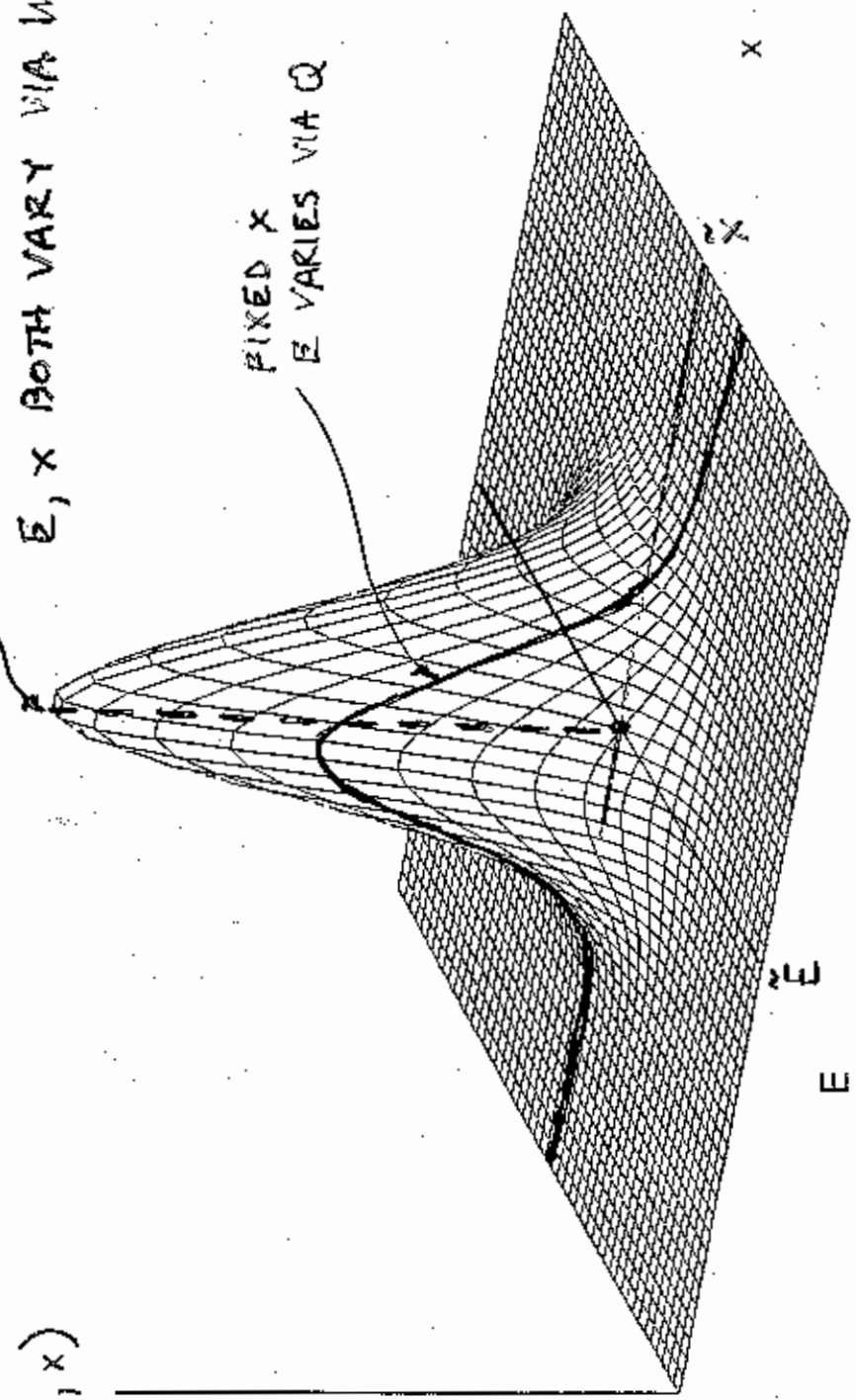
skip

sheng

MAX Ω WHEN
 E, x BOTH VARY VIA W, Q

FIXED x
 E VARIES VIA Q

$$\Omega_{\text{total}}(E, x)$$



(I) CHG IN $\ln \Omega$ (FOR A)

{ in general: put in contact, system moves quickly, forms a new equilibrium eventually reaches new equl: very diff \bar{E}, \bar{x}_α . Cant: stat. reasoning to describe interim, but if move slowly from one to other (ex: slow chg in V, sequence of diff equl at diff T's),

new equl is macro stat → can use as

⇒ FOR SMALL CHG IN MACRO PARAMS:

$$\bar{E} \rightarrow \bar{E} + d\bar{E}$$

$$\bar{x}_\alpha \rightarrow \bar{x}_\alpha + d\bar{x}_\alpha$$

SMALL ON MACRO SCALE BUT \gg FLUCTUATIONS

⇒ MOVE FROM Ω_{TOT} PEAKED AT " TO " "

in assem, some more, some less, but not by much

IF QUASI-STATIC:

- STAY IN EQUIL

- USE STATISTICAL REASONING

$$d \ln \Omega(\bar{E}, \bar{x}_\alpha) = \underbrace{\frac{\partial \ln \Omega}{\partial \bar{E}}}_{\beta} d\bar{E} + \sum_{\alpha} \underbrace{\frac{\partial \ln \Omega}{\partial \bar{x}_\alpha}}_{\beta \bar{x}_\alpha} d\bar{x}_\alpha$$

just math

$$= \beta (d\bar{E} + \sum_{\alpha} \bar{x}_\alpha dx_\alpha)$$

$$= \beta (d\bar{E} + dW)$$

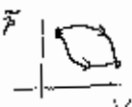
(remember W, Q diff for ave)

$$\frac{1}{kT} dS = \frac{1}{kT} dQ$$

$$\Rightarrow \boxed{dS = \frac{dQ}{T}} \text{ Q-S}$$

- FOR 'SMALL CHGS IN $\bar{E} \neq \bar{x}_\alpha$

- EXACT DIFF: $\int_A^B \frac{dQ}{T}$ INDEP. OF PATH

{ mention pV plot

 Q NOT SAME, $S \frac{dQ}{T}$

(classical thermo: this is how learned of existence of S)

(skip this pg, already covered)

PROPERTIES OF ENTROPY:

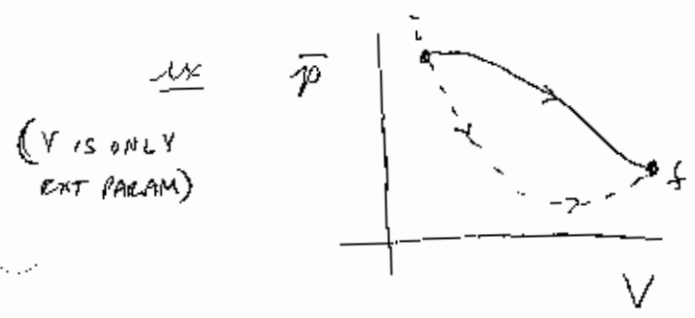
(1) EXACT DIFF: DIFF. BETWEEN FN S FOR 2 MACROSTATES
 $dS = \frac{dQ}{T}$ (dS is, dQ is NOT)

S hard to measure, dQ, T easy to measure

(2) FINITE DIFF:

$$S_f - S_i = \int_i^f dS = \int_i^f \frac{dQ}{T} \quad (\text{EQUIL})$$

- INDEP. OF HOW GO FROM INITIAL TO FINAL STATE (ANY SYSTEM)
- INITIAL & FINAL STATES PERFORM CHANGES QUASI-STATICALLY



$\int_i^f dQ$ DEPENDS ON PATH *
 $\int_i^f \frac{dQ}{T}$ DOES NOT " } SURPRISING! **

(cf p-problem 2.11)
 $\Delta E, \Delta S$ IND. OF PATH
 Q NOT

TO EVALUATE:

- IN GEN. WILL BE IN CONTACT WITH OTHER SYSTEMS: $dW, dQ \neq 0$
- STAY IN EQUIL AT EACH STEP:

$\Omega(E, V) \rightarrow$ DETERMINES \bar{p}, T FOR EACH \bar{E}, V UNIQUELY
 \rightarrow CAN COMPUTE $dQ = d\bar{E} + dW$ AFTER EACH SMALL STEP

- GET SAME RESULT

- ** - USEFUL TOOL EVEN IF DON'T GET FROM i TO f Q-S:
 - S_i, S_f PROPERTIES OF i, f STATE, NOT HOW GOT THERE
 - CAN CALC. S_f FROM S_i FOR Q-S PROCESS \Rightarrow SAME RESULT

* from i to f dW (by sys.) = area under curve
 $\Delta E = 0 \quad Q = \Delta E + W = W$ \therefore higher path has $Q >$ lower path

** even if didn't know what S was, could stumble onto its existence by this observation
 if dQ/T indep of path, there must be some fn. S whose $\Delta S = \int \frac{dQ}{T}$

SPECIAL CASES:(1) HEAT RESERVOIR:
(BATH)(a) $T' \sim \text{CONST}$ $T \rightarrow T'$ (b) $Q' \ll \bar{E}' \rightarrow$ SMALL EFFECT ON A' ; TREAT Q-S

$$\Delta S' = \int \frac{dQ'}{T'} \cong \frac{1}{T'} \int dQ' = \frac{Q'}{T'} = \frac{-Q}{T'}$$

{ BUT WILL SEE IN HW: $\Delta S > \frac{Q}{T'}$ }

how can I raise T a finite amt but Q-S?

(2) INSULATED:

$$dQ = 0 \quad (\text{ADIABATIC})$$

$$\Rightarrow dS = 0$$

$$\text{FINITE (Q-S) CHG IN } X_\alpha \Rightarrow \Delta S = 0$$

\Rightarrow Q-S WORK CHGS E , LEAVES # ACCES. STATES FIXED

\Rightarrow REVERSIBLE (CAN UNDO VIA Q-S CHG) (no dS , no dR)

IN GENERAL:

NON Q-S PROCESS: $\Delta S > 0$

NOT REVERSIBLE

(my thoughts:)

IMPORTANCE OF Q-S PROCESS IN $dS = \frac{dQ}{T}$

$\Rightarrow \Delta S = 0$ IF INSULATED



Q-S: (a) LET PISTON MOVE OUT SLOWLY, UNDER EFFECT OF \bar{p} (ie particles bounce off)

(b) EACH BOUNCE LOSES E TO PISTON

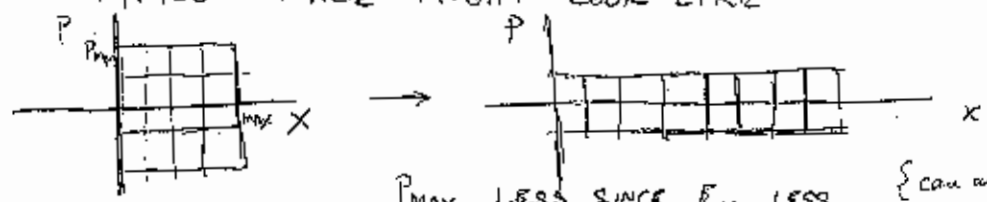
A small diagram shows a particle with a velocity vector hitting a vertical line (the piston) and reflecting back with a shorter velocity vector.

(c) $\Delta E = -W = -\int \bar{p} dV$ (work by sys.)

(d) $\Delta S = 0$ \therefore NEWLY AVAIL. STATES FROM INCR. IN X COMPENSATED EXACTLY BY LESS E AVAIL. TO GET TO CERTAIN STATES

(e) ex: CLASSICAL SYS. w/ 1 DOF (NOT 3N DOF)

PHASE SPACE MIGHT LOOK LIKE



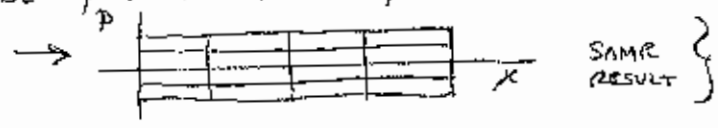
P_{MAX} LESS SINCE E_{MAX} LESS
 S CONST SINCE # CELLS CONST
 \Rightarrow REVERSIBLE

{ can also picture QM: state level drops, but less E avail to get to them: ex-angle $\frac{2\pi}{\lambda}$

 full E set can reach gently?

A diagram shows a set of horizontal lines representing energy levels. An arrow points from a higher level to a lower one, with a note about energy availability.

for me: { OR COULD CHANGE δp & $\delta x \Rightarrow h_0 = \delta p \delta x$ CONST:

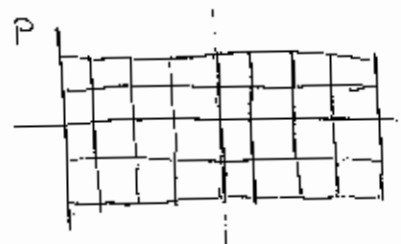


SAME RESULT

VS NOT Q-S: REMOVE WALL / MOVE ABRUPTLY

(a) NO TIME FOR MOLECULES TO BOUNCE
 \Rightarrow CAN'T REMOVE E $\Rightarrow \Delta E = 0$

(b) NO LOSS OF AVAIL. E, TWICE AS MANY δx 'S (P_{MAX} CONST)



(c) $\Delta S > 0$

(II) GEN. EQUIL

simple connection, could in general be more complicated f.e. 3.20

EQUIL: BOTH E, X_a VARY. → MAX BOTH

EX. X_a = V: A ↔ A' E⁽⁰⁾ = E + E' V⁽⁰⁾ = V + V' (E⁽⁰⁾, V⁽⁰⁾ FIXE)

Ω_{TOT}(E, V) = Ω(E, V) Ω'(E', V') (for partic. E)

ln Ω_{TOT} = ln Ω + ln Ω'

S_{TOT} = S + S'

MAX Ω_{TOT} (or S_{TOT}): d ln Ω_{TOT} = d(ln Ω + ln Ω') = 0
 ALLOW E & V TO CHG; (require to req. all partial der. vanish)

A: d ln Ω = $\frac{\partial \ln \Omega}{\partial E} dE + \frac{\partial \ln \Omega}{\partial V} dV = \beta dE + \beta \bar{p} dV$

(Ω chgs because: (a) more E makes more states avail
 (b) chg V chgs how many states are at partic. E) $\frac{\partial \ln \Omega}{\partial X_a} = \beta \bar{X}_a$ from before

A': d ln Ω' = β' dE' + β' p̄' dV' = -β' dE - β' p̄' dV

(dE' = -dE, dV' = -dV)

MAX: (β - β') dE + (β p̄ - β' p̄') dV = 0 } $\begin{cases} \frac{\partial \ln \Omega}{\partial E} = 0 \\ \frac{\partial \ln \Omega}{\partial V} = 0 \end{cases}$

dE, dV INDEP ⇒ β = β'
p̄ = p̄'

⇒ THERMAL EQUIL

⇒ MECH. EQUIL.

AT E = \tilde{E} = \bar{E}
V = \tilde{V} = \bar{V}

in gen: T equal
 true ⇒ ?
 required \bar{X} "
 dV' = -dV

** surprising that p̄ = p̄' comes just by counting states:

key: $\frac{\partial \ln \Omega}{\partial V} = \beta \bar{p}$

sp. p̄' > p̄ (but β = β') ⇒ $\frac{\partial \ln \Omega'}{\partial V'} > \frac{\partial \ln \Omega}{\partial V}$

but note: if p̄'s diff, the same chg in V does work at diff rate for 2 sp.
 ⇒ one will gain & faster than other loses it
 ⇒ more avail. states; also explains why β is involved 2 cons?

⇒ rate at which Ω' gets avail states squeezed into E + dE' greater than for Ω ⇒ more states avail if V' incr, V decr.)

GEN. PROPERTIES OF S:
 SHAPE OF $\ln \Omega(E)$ OR $S(E)$ (FOR INDIV SYS):

$\frac{9}{3}$
 3.12
 21

HAVE (USUALLY)

$$\beta = \frac{\partial \ln \Omega(E)}{\partial E} > 0 \quad \left(= \frac{1}{kT} \Rightarrow T > 0 \right)$$

$$-\lambda = \frac{\partial^2 \ln \Omega}{\partial E^2} < 0 \quad (\text{signal = possibility})$$

(else no max when put in contact, no equil position)
 (for me: need this true at all E can always put 2 ident sys. together w/ any amt of E -- NOT TRUE IF

$$\Rightarrow \boxed{\frac{\partial S}{\partial E} > 0 \quad \frac{\partial^2 S}{\partial E^2} < 0}$$

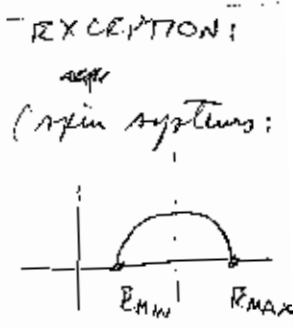
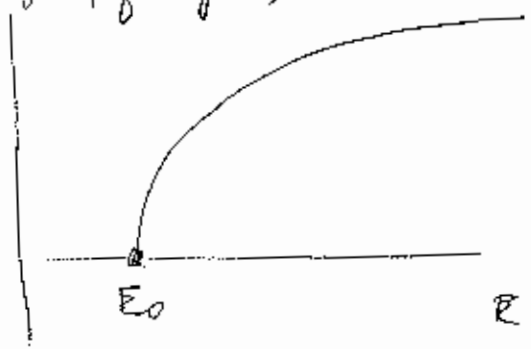
ALSO, AT $E = E_0$ (GND ST)
 $\Omega(E_0) = 1$ (a few)
 $\ln \Omega(E_0) = 0$ (small #)

$$\boxed{S(E_0) = 0} \quad (\text{a few degrees})$$

CLASSICAL:
 N IDEAL GAS
 $\Omega \propto V^N$ EVEN IF $E \approx 0$
 BUT $S = k \ln \Omega \propto N \ln V$ indep of type of gas

SHAPE

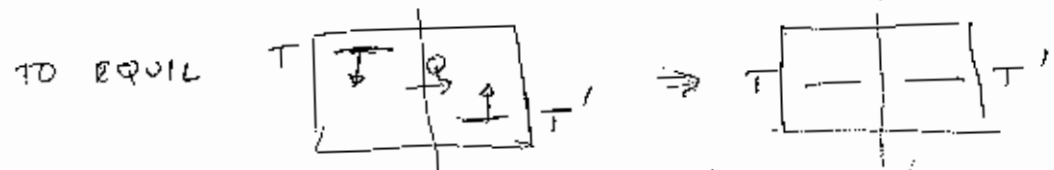
$$S(E) = k \ln \Omega(E)$$



EXCEPTION:
 spin systems:

* ALSO: $-\lambda = + \frac{\partial \beta}{\partial E} < 0 \quad \frac{\partial \beta}{\partial E} = \frac{\partial}{\partial E} \left(\frac{1}{kT} \right) = - \frac{1}{kT^2} \frac{\partial T}{\partial E}$

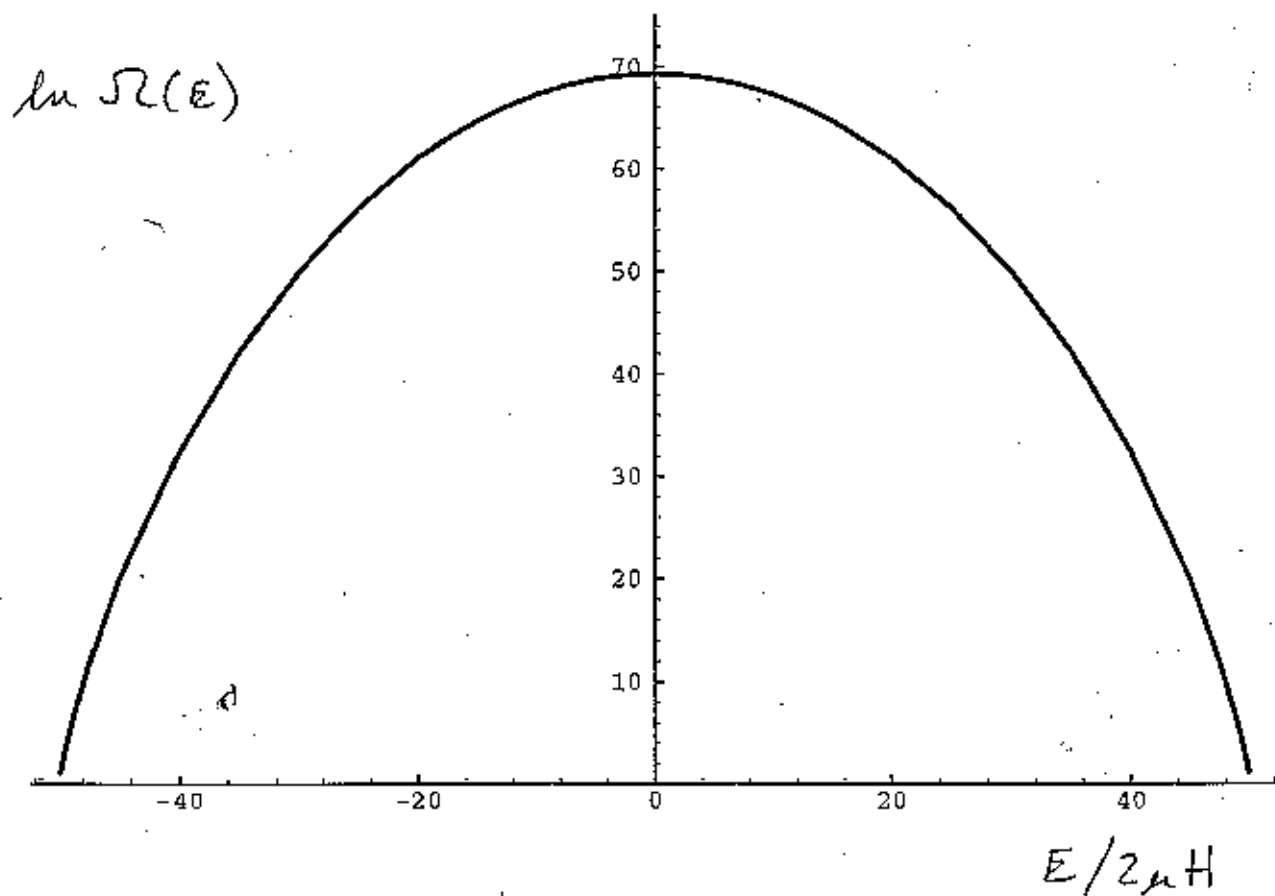
$$\Rightarrow \boxed{\frac{\partial T}{\partial E} > 0} \quad \text{ie } T \text{ inc. w/ } E$$



(ANOTHER WAY TO SEE NECESSARY FOR REACHING NEW EQUIL)

ship

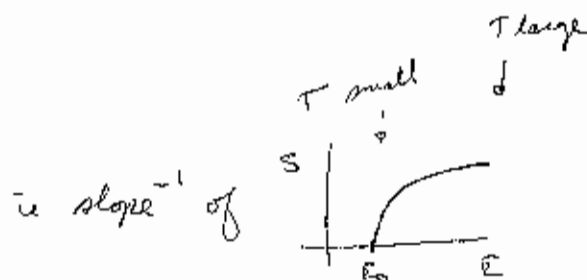
SPIN SYSTEM (REF 2.4)

 $\ln \Omega(E)$ $N = 100$ 

T vs S vs E

$$\beta \equiv \frac{1}{kT} = \frac{\partial \ln \Omega}{\partial E} = \frac{1}{k} \frac{\partial S}{\partial E}$$

$$T = \left(\frac{\partial S}{\partial E} \right)^{-1}$$



MOD - LARGE E:

$$\Omega \sim E^f$$

$$S \sim k + \ln E$$

$$\frac{\partial S}{\partial E} \sim \frac{k}{E}$$

slope decr. w/ E

$$kT \sim E/f$$

(AT EQUIL)

as before

VERY SMALL E:

$$E \rightarrow E_0 \text{ (NEED QM)}$$

VERY ROUGHLY $\Omega \sim (E - E_0)^f$

{ we were assuming E large when did stat; removed grid at E0; if kept in would find this }

as above $\Rightarrow kT \sim \frac{E - E_0}{f} \rightarrow 0 \text{ AS } E \rightarrow E_0$ { OR $kT \sim \Delta E$ per particle }

{ CRUDE: had in mind fair amt of E to go around; will do better in this }

my est:

BETTER: f DISTINGUISHABLE PARTICLES

$\Delta E = \text{EXCITE. E FOR 1 "}$

$$E = E_0 \Rightarrow \Omega = 1 \quad S = -\infty$$

$$E = E_0 + \Delta E \text{ (enough to excite 1)}$$

$$\Rightarrow \Omega = f$$

$$\frac{\partial S}{\partial E} \sim \frac{\Delta S}{\Delta E} \sim \frac{k \ln f}{\Delta E}$$

$$kT \sim \frac{\Delta E}{\ln f}$$

ln f ~ order 1 (or 55 or 100)

ex: ATOM IN 1 LITER BOX

$$L = 10^{-1} \text{ m}$$

$$kT \sim \frac{\Delta E}{\ln f} \sim \frac{\frac{\pi^2}{L^2} \frac{h^2}{m_p} \frac{1}{4t}}{\ln f} \sim \frac{\pi^2 (10^2 \text{ m}^{-2}) (1 \times 10^{-30} \text{ J-s})^2}{10^{-27} \text{ kg}} \frac{1}{5t}$$

$$\sim 10^{-40} \text{ J}$$

$$\text{(or } 10^{-24} \text{ } ^\circ\text{K)}$$



$$\Rightarrow T \rightarrow 0^+ \text{ AS } E \rightarrow E_0, S \rightarrow 0$$

{ for me :

even better:

f indisting. particles

n units of $\Delta E \Rightarrow E = E_0 + n\Delta E$

n units in f slots

$$\Omega \sim \binom{f}{n} = \frac{f!}{n!(f-n)!}$$

$$\ln \Omega \sim \ln f! - \ln n! - \ln (f-n)!$$

$$\sim f \ln f - n \ln n - (f-n) \ln (f-n)$$

$$\ln \Omega \sim n \ln f \quad \text{if } n \ll f$$

$$S = k \ln \Omega \sim k n \ln f = \frac{k E \ln f}{\Delta E}$$

$$\frac{\partial S}{\partial E} \sim \frac{k \ln f}{\Delta E}$$

$$kT \approx \frac{\Delta E}{\ln f} \quad \left. \vphantom{\frac{\Delta E}{\ln f}} \right\}$$

PRACTICAL LIMIT FOR S AS $E \rightarrow E_0$, $T \rightarrow 0$

$E \rightarrow E_0$ GO TO GND ST $\Rightarrow S \rightarrow 1, S \rightarrow 0, T \rightarrow 0$

EXCEPTION:

DEGENERATE GND ST (> 1 STATE w/ SAME E_0)

COMMON EX: N ATOMS w/ SPIN-S NUCLEI

- EVEN IF IN ATOMIC GND ST (ALL e^- 's IN LOWEST LEVEL) \vee AND ATOMS NOT MOVING,
EACH NUCLEUS CAN HAVE

$$S_z = -s\hbar, \underbrace{(-s+1)\hbar, \dots, (s-1)\hbar, s\hbar}_{2s+1}$$

- TOTAL POSSIBLE: $(2s+1)^N$

$$\Rightarrow E \rightarrow E_0 \quad S \rightarrow (2s+1)^N \quad S \rightarrow kN \ln(2s+1) \equiv S_0$$

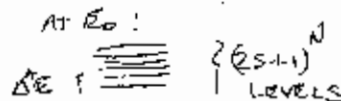
NOTE: SAME IF SOLID, LIQUID, ANY \bar{p}, V, \dots

(only dep. on type of atom, not what system is doing) and how many

NOT EXACTLY DEGENERATE

- FEEL WEAK FORCE FROM \vec{B} 's (FROM e^- 's, OTHER NUCLEI, ETC.)

- " " \rightarrow SMALL SPLITTINGS



- CAN ONLY SEE IF \bar{E} SMALL:

$\Rightarrow \Delta^* E$ DEGR. w/ \bar{E} ; $R \sim (1/C) \Delta^* E \Rightarrow$ ONLY COUNT STATES w/IN $\Delta^* E$

\Rightarrow COUNT ALL UNTIL PEAK SHARP ENOUGH TO FIT w/IN SPLITTINGS

small $\Delta^* E$ approx: $\sim \frac{1}{15}$

TYPICAL SYS:

$$T \sim .1^\circ K$$

(REMEMBER E DEGR w/ T)

\Rightarrow IN ATOMIC GND ST

$$S \rightarrow S_0 = kN \ln(2s+1)$$

(kT small rel to atomic level spacing)

$$T \sim 10^{-6}^\circ K$$

\Rightarrow IN EXACT GND ST

$$S \rightarrow 0$$

(" " rel to nuclear spin spacing)

MORE THERMO LAWS

(FORMULATED BEFORE MICRO (STATISTICAL) DESCRIPTION)

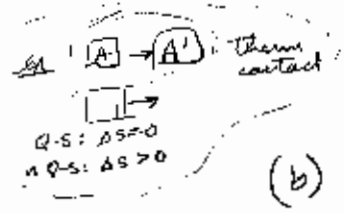
*

2ND

(a) THERMALLY (INSULATED) ISOLATED SYSTEM GOES FROM ONE MACRO STATE TO ANOTHER (ie macro params chg)

$$\Delta S \geq 0$$

(even if do work on it or let it do work)



(b) NOT INSULATED BUT Q-S :

$$dS = \frac{\delta Q}{T} \quad (=0 \text{ IF INSULATED})$$

(NOTE: Q-S ALSO MEANS SLOW CHG IN TEMP, SLOW FLOW OF Q; SLOW CHG IN EXT. PARAMS)

(c) NOT INSUL. OR Q-S: $dS > \frac{\delta Q}{T}$ { could say simply $dS \geq \frac{\delta Q}{T}$ w/ = when Q-S? }

3RD

$$AS \quad T \rightarrow 0^+ \quad S \rightarrow S_0$$

INDEP. OF PARAMS OF PARTICULAR SYSTEM

(S_0 OFTEN 0 IN PRINCIPLE CONST IN PRACTICE)

if its $S_0 \neq 0$, its because its something like nuclear spin, and cant get to it (ie cant rotate E avail. to it small enough to limit) ∴ doesnt matter what you're doing system: V, P, \dots

→ LAWS FORMULATED BY OBSERVATION, BEFORE STATISTICAL DESCRIPTION (S WAS SUBTLE) (presumably detected)

its existence by noting $\int \frac{\delta Q}{T}$ was indep of path ∴ had to be some fun $S \Rightarrow \Delta S = \int \frac{\delta Q}{T}$. Then can always mean relative S

* COULD ALSO MENTION

0TH: A IN THERM. EQ. w/ C
 B " " " " C \Rightarrow A w/ B

1ST: $\Delta E = -W + Q$ (E CONS.)

MORE ON

2ND LAW:

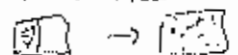

PROVED (b): $Q \rightarrow S \Rightarrow dS = \frac{dQ}{T}$

ARGUE OTHER CASES: (this is a description, not a proof; don't know of proof exists; maybe proof by exhaustion; for specific sys, can check by going to QS process for same S_i to S_f)

(A) COMPLETELY ISOLATED (no Q or W)

$dS \geq 0$ ONLY MEANS IF LEAVE SYS. ALONE, WILL MOVE FROM

LESS LIKELY TO MORE LIKELY CONFIGS

ex: after remove wall  \rightarrow 

(but more diff of W 's)

(C) $dS > \frac{dQ}{T}$

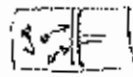
R3.9

SHOWED IN HW FOR NON-QS Q; WILL FOCUS ON W

(1) S GROWS w/ E

(2) W BY SYS IS MAX w/ ΔX WHEN GO w/ \bar{X} IF Q-S:

RE CLASS GAS \Rightarrow RELAX PISTON



QS: SLOW, BALANCE \bar{p} , ALL PARTICLES HAVE TIME TO BOUNCE, DO WORK

FASTER: CAN'T CATCH UP, \bar{p} LESS, LESS W

EXTREME: REMOVE WALL \Rightarrow NO W

(ALSO, OF VAN NESS: GRAINS OF SAND ON PISTON)

(i) QS: MAX: W, BIGGEST E LOSS,

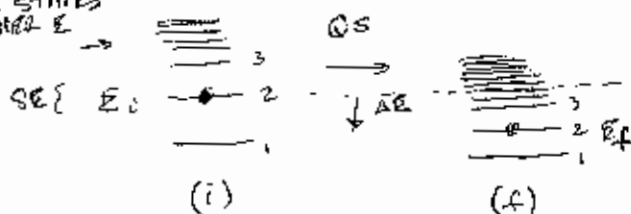
BIGGEST S DROP $\Rightarrow dS = \frac{dQ}{T}$

\Rightarrow (ii) NON-QS: $dS > \frac{dQ}{T}$



QN SYS: SINGLE SYSTEM

MOVE STATES AT HIGHER E \rightarrow

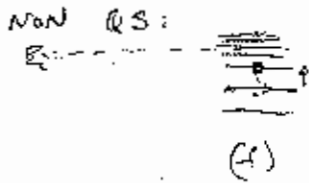


QS: E LEVELS DROP, BUT SYS STAYS IN SAME STATE

(CAN'T MAKE TRANSITION:

OF STORAGE: NEED INT. w/ LT (FOR E w/ $\Delta E = \Delta E$ FOR TRANS BUT SLOW $\Rightarrow W=0$.)

(all work goes into changing levels; none left to cause a trans. dn or up)



CAN JUMP UP AS LEVELS
DROP \Rightarrow LESS ΔE , LESS W BY SYS

EXTREME: DROP LEVELS SUDDENLY

(REMOVE WALL FOR PART. IN BOX)

$$E_f = E_i \quad \Delta E = 0$$

STAYS PUT AS LEVELS DROP

(from E con.)

NOTE: # STATES AVAILABLE



ENS: TRANSITIONS OCCUR, BUT IN EQUIL,

IN EACH \checkmark FIXED; SAME (ON AVE) AS IF ALL STATES PUT

(3) REVERSE: W INTO SYS IS MIN IF Q-S

EX GAS:

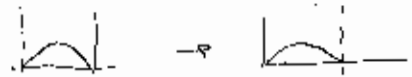
EXPANDING: CAN AVOID CONTACT BY
MOVING FASTER

CONTRACTING FAST: REQUIRES MORE \bar{F} , GREATER W

GENTLEST = Q-S \Rightarrow MIN W

QM: EX PART. IN BOX

EXPAND. QUICKLY \Rightarrow CAN LEAVE WHEN INTACT



STAY AT SAME E WHILE
LEVELS DROP

this is esp. obvious
for qud at: very
best can do is stay
in new qud at; anything
else requires transition
extra E

CONTRACT:

ADD E , FORCE WANTS TO CONTRACT

Q-S MIN W : STATE RIDES LEVEL BACK UP
(know this puts in just enough E to allow this)

NON Q-S: STATE JUMPS \uparrow RIDES
HIGHER LEVEL UP

(4) BOTH CASES:

NON-Q-S LEAVES MORE E IN SYS

$$Q-S: \quad ds = \frac{\partial Q}{T}$$

$$\Rightarrow \text{NON-Q-S:} \quad ds > \frac{\partial Q}{T}$$

4.10 Adiabatic Processes

The above reasoning—in particular, the derivation of Equation (4.13) and the consequent identification of TdS with dQ in a reversible process—is somewhat abstract, and we will now consider how it applies to the system of spin $1/2$ nuclear magnets discussed in Chapter 3. In particular, we show for this model that a process that is *adiabatic* in the quantum mechanical sense (which will be explained) is necessarily isentropic.

Consider first a single isolated spin in a magnetic field B , in a particular state (say, spin up), with energy $-\mu B$. Now we *slowly* change B . In order to produce a transition (a *spin flip*) to the spin down state, whose energy is $+\mu B$, quantum mechanics tells us that we need a component of the field oscillating at the frequency corresponding to the energy separation of the states; that is, $\frac{2\mu B}{\hbar}$. If B were to change rapidly, it could have a Fourier component at this frequency, but we will assume that B changes sufficiently slowly that no such high frequency field is present. Then the spin must stay in whatever state it began in, even though the energy of this state is changing. The energy needed is supplied (or taken up) by the electromagnetic field. Such a slow change, in which the occupation of quantum states does not change, is called an *adiabatic* change.

Now suppose that we have a collection of spins isolated from its surroundings. Although in our model we neglected the interaction between them, the spins must interact weakly if they are to come into equilibrium with each other. The interaction occurs because the motion of one spin in the field generates a high frequency magnetic field of just the right frequency to cause a neighboring spin to flip; this spin-spin interaction ensures that the whole assemblage of spins reaches its equilibrium condition of maximum Ω . However, the quantum mechanics of this interaction tells us that if one spin flips \uparrow to \downarrow , the other has to flip from \downarrow to \uparrow (see Figure 4.5), so that the total spin is conserved. Although there is a change of microstate,

¹¹See L. R. G. Treloar, *Physics of Rubber Elasticity* (Oxford University Press, 1958) for a fuller treatment.

$$\uparrow\downarrow \Rightarrow \downarrow\uparrow$$

Figure 4.5. Mutual spin flip, conserving total spin.

the macrostate does not change, so that Ω (and hence S) does not change. While this is a very specific model, it illustrates the general result, which we justify in Chapter 5, that an adiabatic change is isentropic.

In general, a process is adiabatic in the quantum mechanical sense if it does not change the average occupancy of the quantum states. Ω is unchanged, so that such a process does not change the entropy and is called an isentropic process. An adiabatic process in this sense is always possible in principle. Here we have shown this for a spin system, which has discrete energy levels; the case of continuous levels, as in a gas, will be dealt with later (see Example 9.2).