Relativity:

$$E^2 = p^2 + m^2$$

Note, I use the convention that c = 1.

Classical:

$$E = \sqrt{m^2 + p^2} = m\sqrt{1 + \frac{p^2}{m^2}} \simeq m + \frac{p^2}{2m} = m + \frac{1}{2}mv^2$$

In classical mechanics, the energy is equal to approximately the rest mass m and the classical kinetic energy $\frac{1}{2}mv^2$. Note, if there is a potential V, then the kinetic energy comes from the replacement: $E \to E - V$.

Quantum Mechanics Wave Functions:

Start from an assumed wave equation:

$$\psi(x,t) = \exp\left[+i\frac{p\cdot x}{\hbar} - i\frac{Et}{\hbar}\right] = \exp\left[+ik\cdot x - i\omega t\right]$$

where $p = \hbar k$ and $E = \hbar \omega$; note, the exponent must be dimensionless, so $p \cdot x$ and E t have dimensions of \hbar .

Taking derivatives of the wave function, we have:

$$\partial_x \psi(x,t) = +i\frac{p}{\hbar}\psi(x,t) \quad \text{thus} \quad p = -i\hbar\partial_x = -i\hbar\nabla$$
$$\partial_t \psi(x,t) = -i\frac{E}{\hbar}\psi(x,t) \quad \text{thus} \quad E = +i\hbar\partial_t$$

Caution, the above definitions depend on the signs chosen for $\psi(x, t)$; we'll comment below in detail. To summarize:

$$p = -i\hbar\nabla$$

$$E = +i\hbar\partial_t$$

Schrödinger Equation:

Spelling: the [oe] can be replaced with the German [ő].

The Schroedinger equation is simply the classical equation $(E = \frac{1}{2}mv^2)$ extended to wave mechanics. Starting from:

$$E - V = \frac{p^2}{2m}$$
 or equivalently $E = \frac{p^2}{2m} + V$

and multiplying through by $\psi(x, t)$, we have:

$$i\hbar \frac{\partial \psi(x,t)}{\partial t} = -\frac{\hbar^2}{2m} \nabla^2 \psi(x,t) + V(x,t) \,\psi(x,t) \; .$$

Note here that because the momentum term p^2 is quadratic, either sign of the exponential term in the wave function $\psi(x,t) \sim \exp[\pm i p \cdot x/\hbar]$ will satisfy the equation; in practice, these two solutions represent left-moving and right-moving waves. Also note that because the energy term (E) is linear, the relative sign here is important.

Klein-Gordon Equation:

We saw above that the Schroedinger equation used the classical equation $(E=\frac{1}{2}mv^2)$ which is an approximation of the exact relavistic equation:

$$E^2 = p^2 + m^2$$
 or equivalently $E^2 - p^2 = m^2$

Thus, extending this to the wave mechanics and multiplying through by $\psi(x,t)$, we have:

$$-\hbar^2 \partial_t^2 \psi(x,t) + \hbar^2 \nabla^2 \psi(x,t) = m^2 \psi(x,t)$$

The challenge to interpreting the Klein-Gordon equation is the existence of negative energy states. Starting from $E^2 = p^2 + m^2$, we thus have $E = \pm \sqrt{p^2 + m^2}$. The solution (over simplified) is to interpret the Klein-Gordon equation as describing spin-zero particles where the negative energy states are anti-particle states.

Dirac Equation:

The problem with the Klein-Gordon equation was the negative energy states arising from the fact that the starting equation was quadratic in energy E. Thus, Dirac attempted to obtain a linear equation. Starting from $m^2 = E^2 - p^2 = (E - p)(E + p)$, we might guess a linear equation could be:

$$m = E \pm p$$

or extending this to the wave function form:

$$[m = i\hbar\partial_t \mp i\hbar\nabla] \psi(x,t) \qquad \text{[schematic only]}$$

The above equation is only schematic, and to make it precise we can insert matrices $\{\alpha, \beta\}$ such that $[m/(i\hbar) = \beta \partial_t \mp \alpha \cdot \nabla] \psi(x, t)$, and we can relate $\{\alpha, \beta\}$ to the usual Dirac matrices $\gamma^{\mu} = \{\beta, \beta\alpha\}$. This yields:

$$(i\gamma^{\mu}\partial_{\mu} - m)\psi(x,t) = 0$$

where γ^{μ} are the 4 × 4 anti-commuting Dirac matrices.

We can recover the Klein-Gordon equation essentially by squaring the Dirac equation:

$$m^{2} = (E - p)(E + p) = (i\hbar\partial_{t} - i\hbar\nabla)(i\hbar\partial_{t} + i\hbar\nabla)$$
$$= -\hbar^{2}\partial_{t}^{2} + \hbar^{2}\nabla^{2} \longrightarrow E^{2} + p^{2}$$

The Dirac equation describes spin-1/2 particles and anti-particles.